

Junior Netball 2014-2015



NETBALL NEW ZEALAND
Poitarawhiti Aotearoa

2014

- An exciting year
- Appreciate change is hard
- Players enjoyment and development is at the heart of the changes
- Participant satisfaction survey very positive
- Nationally consistent programme



Junior Netball is Changing



More Fun. More opportunities. More Space.
The game grows with the players. More Passes. More Goals



Year 3 & 4

- As the players grow, so does the programme and the game.
- Focus is on FUN, skill development and playing Netball.
- “I have noticed the vast improvement by the players. The more they learn, the more they want to be actively involved.”



Year 3 & 4

Research findings (AUT 2013) showed 5 v 5 players were exposed to:

- more touches on the ball (50% more)
- more successful shots (one every 3.3 minutes compared with 8.9 minutes)
- Longer periods of play (94 seconds compared with 50 seconds)

• Other research from around the world reminds



Overview of Year 3 & 4

| Age | Playing Format | Game Day | Court Size | Goal Height | Ball Size | Rotations |
|---------------|-----------------------|---------------------------------|------------------|-------------|-------------|-----------------------|
| 7-8 year olds | 5 v 5 <u>5 v 5</u> | 15mins Skills 4 x 8mins Game | 2/3 of the court | 2.6m | Size 4 ball | Rolling Substitutions |

Coach Development

- Junior Co-ordinator workshop
- Year 3 & 4 Coach Workshop and Resource - 10 week session plans



For more information

- Check out Netball New Zealand's website
- <http://www.mynetball.co.nz/juniornetball/year-3-4-5-v-5>

Year 3 & 4 (5 v 5) - MyNet

www.mynetball.co.nz/juniornetball/year-3-4-5-v-5.html

Home > Junior Netball > Year 3 & 4

Year 3 & 4 (5 v 5)

The focus at this age group is on learning the basics with players joining in a skill development session prior to a modified netball game of 5 v 5, using two-thirds of a netball court. It's designed to be fast and fun, maximising participation and touches of the ball.

| Age | Playing Format | Game Day | Court Size | Goal Height | Ball Size | Rotations |
|---------------|----------------|---------------------------------|------------------|-------------|-------------|--------------------------|
| 7-8 year olds | 5 v 5 | 10mins skills 4 x 8mins Game | 2/3 of the court | 2.6m | Size 4 ball | Rolling Substitutions |

Maximum Length 20.3metres

Maximum Width 15.25metres

Shooting Circle Radius 4.9metres

Rules

Equipment

FAST 5 NETBALL WORLD SERIES AUCKLAND NZ 2014 8-9 NOV



Years 5 - 8

- 2015 will be the year of the Year 5 & 6 pilot
- Currently developing guidelines of the possible games that can be piloted
- In-season or out of season
- Research and various evaluation methods conducted - “which game is the best”
- If your Netball Centre is keen to be involved contact your Zone Community Netball Manager



Roll Out Plan

| 2014 | 2015 | 2016 | 2017 |
|--|---|--|---|
| <p>Phase 1 – Roll out of Year 1 & 2 programme begins</p> <p>Phase 2 - Review of the Year 5 - 8 programme</p> | <p>Phase 1 continues Roll out of Year 1 & 2 and Year 3 & 4 programmes</p> <p>Pilot Year 5 & 6</p> | <p>Phase 2 – roll out of Year 5 - 8 programmes</p> | <p>All new programmes fully implemented</p> |

