



NETBALL WAIKATO BAY OF PLENTY SELECTION PROCESS



FOR THE 2020 BEKO OFF SEASON TRAINING SQUAD

Registrations are now being taken for the Open trial on Sunday 1st December 2019 at Cambridge High School as the first part of the selection process to name the 2020 WBOP Beko National League Squad.

By Monday 25 November 2019	Registration form to be completed online https://www.sporty.co.nz/viewform/112769 \$15 registration fee to be paid online when registering.
Sunday 1 st December 2019	WBOP BEKO OPEN TRIAL Cambridge High School Swayne Road, Cambridge 12pm – 4pm Registration from 11.45am. Warm up 12.10pm. <i>Please wear dark coloured singlet or tee + dark shorts.</i> <i>Bring snack food + water bottle + hand towel & own strapping.</i>
Tuesday 3 December after 1pm	BEKO OFF-SEASON TRAINING SQUAD NAMED (up to 21 players) announced on NWBOP website/Zone Facebook
Friday 6 December 2019	BEKO OFF-SEASON SQUAD TRAINING SESSION #1 Cambridge High School 5.30pm – 8pm 5.30pm – 6pm Meeting 6pm – 8pm Training
Wednesday 22 January 2020	BEKO OFF-SEASON SQUAD TRAINING SESSION #2 Mt Maunganui venue tbc 5pm – 7pm
Tuesday 28 January 2020	WBOP BEKO FINAL TRIAL (INVITEES ONLY) Cambridge High School 6pm-8.30pm Please be ready to start at 6pm sharp. Session starts with fitness testing. <i>Please wear black singlet or tee + black shorts.</i> <i>Bring snack food + water bottle + hand towel & own strapping.</i>
Thursday 30 January 2020 after 1pm	WBOP BEKO TEAM FOR 2020 NAMED (12 players plus 4 Training Partners) announced on NWBOP website/Zone Facebook
Friday 31 January 2020	2020 WBOP BEKO TEAM FIRST TRAINING 5.30pm – 8pm ASB Stadium, Te Awamutu Events Centre
BEKO SEASON 2020	2020 WBOP BEKO TEAM TRAININGS to be held Wednesday and Friday evenings from Feb – mid June Venues to be advised – Mt Maunganui, Cambridge or Te Awamutu 2020 BEKO COMPETITION DATES 15 th March – 21 st June 2020 Matches played mostly on Sunday. (Draw still to be released from NNZ) There is a NWBOP Player Fee for the Beko competition of \$400. The NWBOP Zone will assist the team to fundraise towards this cost.