



NETBALL WAIKATO BAY OF PLENTY

"Supporting our communities to have positive experiences through netball"

2023 NEWSLETTER

ISSUE 1 - MARCH/APRIL



Whakatane



Otorohanga



Tokoroa



Gisborne

Te Awamutu



Maniapoto



Gisborne

Hello from the WBOP team!

2023 is off to a cracking start, with our team out and about across the Zone, doing our best to support netball in our communities. A key priority has been to get on the ground, collaborating and working together with our amazing Centres.

Player Pathways and WBOP SHNL

- Rachel Davis, WBOP Player Pathways Development Lead

March 11th saw the Synergy Hair Netball League (SHNL) begin with WBOP's opening game in Tauranga at Baypark. The team and management are doing a great job, and as of the end of April sit 5th on the points table. This year's SHNL team are a young team with an average age of 21 years old. They are being expertly guided by highly experienced Head Coach Te Aroha Keenan and are working hard to create great connections on and off the court.



We have 20 Centre Talent Spotters confirmed from across our 23 WBOP centres, and am looking forward working with them and beginning to view players at various events in preparation for our Magic in the Making development sessions later in the year.

I have been enjoying visiting centres during March and April to discuss Player Development Programs and Rep programs. The goal is to help Centres and schools continue to grow faster, fitter, stronger and more skilled players across our zone.



Coach Support and Development

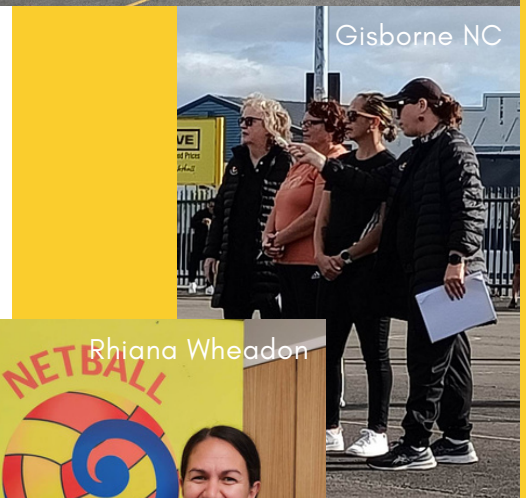
- Kim Hunt, WBOP Coach Lead

Our Coach Developer Team and Centre's have all been busy delivering a variety of workshops from futureFERNs, CCA1 & CCA2 to practical coaching sessions/clinics and fun days. There has been lots happening, here are just a few to share:

- Kimiora Insley (Rotorua) visited Ruatoria and delivered futureFERNs workshops to 14 eager coaches all with varying levels.
- Tips n Tricks with Kim Howard (Hamilton City) - 32 coaches travelled to Hamilton Girls High School from as far as Whakatane, Tauranga, Rotorua, Thames, Matamata, Eastern Waikato. Coaches had a fantastic day networking and watching Kim Howard coach skills, drills and game tactics with players, plus some jumped in to do some coaching too.
- Rhiana Wheadon (Hamilton City) facilitated the annual 2-day Central North Island Area Schools Coaching Clinic in Te Awamutu with 43 players in attendance. Rhiana was joined by coaches Melissa Tupara (Taupo) and Shanana Gray (Gisborne).
- Paula Vickers (Tauranga) and Irene Gubb (Hamilton City) both have been busy delivering CCA1 & CCA2 coaching w/shops.
- Aimee Te Whata hosted a fantastic futureFERNs Fun day in Te Aroha with games, prizes, food and coach w/shops.
- Tarsh Leigh (Morrinsville) spent a day with Aimee Te Whata delivering futureFERNs w/shops.
- Julia Panoa (Taupo) assisted coaches "live and in the moment" at their trials with selections.
- Crystal Kemp (Gisborne) hosted coaches and umpires together to share perspectives and talk about support opportunities.

Other coaching news:

- NNZ Performance Coach awards were presented to Te Aroha Keenan (Cambridge) and Rhiana Wheadon (Hamilton City) Congratulations to both coaches.
- Avis Magic and WBOP SHNL teams opened up three of their trainings each for coaches from across WBOP to observe. 43 coaches attended overall, with Head and Assistant coaches explaining what was happening during the trainings followed by Q&A's. Mere Rangihuna (Avis Magic Team Manager) welcomed coaches and chatted about her role. Other special guests included Pam Clayton (WBOP Umpire Lead) sharing what the Umpires were focussed on, Rachel Davis (WBOP Pathway Lead) showed coaches the CYA app that SHNL and NNZ use for player management and Tania Karauria (NNZ National Manager Coach Development) shared her insights. Thanks to Emma Haigh and Irene Gubb (WBOP Coach Developers) for welcoming coaches as well.



Umpire Development and Support

- Pam Clayton, WBOP Umpire Lead

It has been wonderful to see and support the work that Centres and Umpire Coach Developers are doing. Here are a few snaps (anticlockwise from right):

- Gisborne Netball Centre: Umpires all smiles after a great day working with their umpire coaches.
- Avis Magic team trainings in Tauranga: Umpire Gemma Groenwald with Head Coach Mary-Jane Ararua, and Pam Clayton working with observing coaches.
- Whakatane Netball Centre: Umpire Coaches working together to upskill their coaching knowledge before heading outside to work alongside some very appreciative umpires - Great work Whakatane!

Well done to all the Centre umpire coordinators for your efforts so far. It has been great to meet and re-connect with you, and support the good work you are doing.



NetballSmart in the Community

- Nick Burton, WBOP NetballSmart Development Officer

With Netball season getting into full swing for most Centres in our zone, NetballSmart has also been in full swing! There have been visits to various WBOP Centres promoting and developing NetballSmart to help reduce the risk of injury and build greater strength, stability, agility and mobility in our Netball Players.

Hamilton City, Tauranga, and Rotorua Netball Centres all held Representative trials over the March/April period, of which there was high participation in our NetballSmart Dynamic Warm Up and Cool Downs as part of the trials. It was fantastic to help players build their knowledge and development in NetballSmart to better reduce their risk of injury and incorporating specific netball movements into their game.

Other Centres such as Otorohanga, Te Awamutu, and Gisborne have also welcomed some NetballSmart sessions, with much enjoyment! Our aim is to be involved across all WBOP Centres with great balance for the season, to promote what NetballSmart is all about, but more importantly help reduce our risk of injury - especially in our youth, given the body does not stop growing until it turns 25. Combined sessions with multiple centres, or multiple schools, are highly encouraged and are working well.

NetballSmart is about reducing the risk of injury in athletes, including our umpires. Soft tissue and musculoskeletal damage to a youth athlete's lower limbs can be detrimental to growth, bone and joint development, and muscular nerves and ligaments which is why it is important for our athletes to follow a recognized warm up to help reduce these issues.

If you would like to make an appointment for a session at your Centre or school, please feel free to contact me 😊.

Nick Burton, WBOP NetballSmart Development Officer,
027-314-0615, netballsmart@netballwbop.co.nz



National and Regional Projects and Initiatives

- Leigh Ashton, WBOP Relationship Manager

Here are a few projects and initiatives taking place across our wider community. For further details about any of these, please contact the organisation below, or send any questions to me on relationshipmanager@netballwbop.co.nz.



Netball New Zealand

- Netball Sustainability Project - The Working Group is underway with face-to-face and online sessions with Zones and Teams.
- Cadbury Volunteer of the Month - will run each month from May to August.
- Netball Leaders Programme - Designed to provide opportunities for young people to learn and develop leadership skills to become leaders in their Netball centre, school and/or community. Interested Centres to contact Irene van Dyk.
- Sporty Working Group - NNZ are inviting representatives from Centres to review feedback about Sport and identify top priorities for 2024.
- Incorporated Societies Transition Project - Work in progress to support the Netball Community.
- Netball Marketing Material - Images and templates available for Centres via NNZ Sports Tutor.

Sport Waikato

- Greater Waikato Sport Collective - WBOP and eleven other Regional and Local sport organisations, including Hamilton City Netball, and Sport Waikato. The purpose: A platform for sports to collaborate; to create opportunities; to grow and retain participation; so that all sports thrive.
- Thames Valley Coaching Network - connect and support Thames Valley coaches across multiple sports.
- Waikato Regional Active Spaces Plan - currently being updated. Leigh Ashton (WBOP) Clare Frankhouser (HCNC) and Sue Bruce (Matamata NC) attended the regional workshop in March.

Sport Bay of Plenty

- Season Design Initiative - WBOP and eleven other Regional Sport Organisations, plus Sport BOP and Councils. The purpose is to work collaboratively towards positive outcomes for secondary and primary school students taking part in sport, with a commitment to defined youth summer and winter seasons, providing time to transition between seasons, allowing young people more flexibility to play multiple sports, and a greater recovery and preparation period between seasons.



Matamata, Morrinsville and Te Aroha Netball Centre Collaboration

- Coach Developer Contractor Role - This role supports coaches and umpire coaches across all three Centres, with a partnership agreement in place and funding coordinated via NNZ. Aimee Te Whata (pictured left) began this role in October 2022 and a similar initiative is planned for Maniapoto and Taumarunui Netball Centres commencing May/June 2023.

TOA (WBOP Centre Advisory Group)

- Collections for Netball Centres affected by Cyclone Gabrielle - Initiated by TOA, coordinated by WBOP, and undertaken by volunteers from Tauranga NC and Hamilton City NC. The first collection took place on April 16th at the Avis Magic home game in Tauranga, and next is planned for Hamilton in May. Donations will be assigned to the following Netball Centres: Gisborne, Mercury Bay, and Paeroa.

Avis Magic NDOs in the Community

- Natalie Kelly,
WBOP Community Projects

Here are just a few glimpses of the messages I receive after our Avis Magic (Magic) Netball Development Officers connect with the WBOP community - both in person and online.

"Claire, Erena & Charlotte were awesome with sharing all of their knowledge and wisdom, and helping with everything running smoothly, so thank you once again."
Te Awamutu Netball Centre

"Charlotte and Claire are truly exceptional people, who through their words, actions and enthusiasm have an amazing ability to connect with people, they are incredible representatives of the Magic team and ambassadors of netball."
Otumoetai College

"Thursday was awesome. Thank you so much for organising the NDO visits for the Centres, our kids loved it. If you are talking to Claire and Charlotte, please apologise, I had no idea how many shoes straight off hot feet they'd have to sign."
Te Puke Netball Centre

"Our girls had a wonderful time listening to the players and they were all super happy afterwards! They were so down to earth, and it was just an awesome afternoon. Most of our year 5s are now begging their mums for nutella and bananas as a pre-game snack. 😊"
Kirikiroa Netball Club

Thank you so, so, much for the visit. Charlotte and Claire were amazing with such a large group of kids with a big age range. The kids really enjoyed their day, learnt some new drills, and had fun!"
Whangamata Netball Club

"Thank you so much for the korero ladies, and for all your organisational support! It was such an awesome session, and a real treat to have you all virtually in our whare!"
Gisborne Netball Centre



Aberdeen School



Putaruru School



Omanu School



Hamilton Christian School

Coming Up: May/June

30th May

NNZ Child Safeguarding
Representatives Online Training #2

1st June

TOA Meeting (11:00am)

4th June

ANZ Premiership Grand Final

7th June

NNZ Child Safeguarding
Representatives Online Training #3

15th June

Centre Membership Return #1 Due

Date tbc May/June

Entries open for WBOP Secondary
Schools Tournament to be held at
Rotorua NC on Sun 13th August.

Check out the Zone Calendar

[< Here >](#)

for Coach and Umpire Workshops,
Player Development Programmes,
and Representative Tournaments,
run at Centres across WBOP Zone.

To add your fixtures, email
admin@netballwbop.co.nz.



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Thank you again to all
Centre personnel, for the
hard work you do in your
communities.

See you again soon!